



ADVANCED CELLULAR AESTHETICS GLOW MASK USER MANUAL

IMPORTANT SYSTEM INFORMATION

This publication contains the hardware specifications, operation protocols, and compliance directives. Please read completely before initializing treatment.

A Note from the Founder

We find the best way to use the Advanced Glow Mask is no more than three to four times a week. The rest between days gives the skin the chance to rejuvenate... in this situation less is more. To get the benefit with any of the Red Light Therapy products use regularly to really see the benefits (try and make it part of your daily routine).

The Ideal Routine

To maximize both your light absorption and your skincare efficacy:

- **Step 1: Cleanse & Dry:** Wash with a gentle cleanser to remove makeup, oils, and sunscreen (mineral sunscreens are literal light-blockers). Pat completely dry.
- **Step 2: Mask Session:** Run your Misogi Advanced Glow Mask on bare skin for its designated time.
- **Step 3: Flood with Serums:** This is when you apply your water-based solutions, hyaluronic acid, peptides, or Vitamin C. The red light boosts local blood flow and temporarily primes the skin, making it highly receptive to absorbing your active ingredients immediately afterward.

We hope you love the Misogi Advanced Glow Mask as much as we do.

Corporate Brand Philosophy

In ancient Japan, Misogi was a structured ritual of spiritual and physical purification. In our modern high-stress environment, natural cellular energy is progressively depleted, giving rise to inflammatory markers. Misogi Health incorporates advanced photobiomodulation (PBM) emitting 660 nm (red) and 850 nm (near-infrared) light spectra. This targeted radiation penetrates deep into subcutaneous structures, activating cellular mitochondria, stimulating ATP production, and reducing local inflammation.

1 System 01: Misogi Advanced Cellular Aesthetics Glow Mask (MHMASK-LED)

The Misogi Advanced Glow Mask is an ergonomic, high-output facial rejuvenation system.

1.1 Phototherapeutic Programs

- **M1: Glow Boost Therapy (630 nm Red + 850 nm Near-Infrared):** Reduces wrinkles, targets superficial blemishes, and restores skin tissue. Recommended use: 10 minutes, up to 4 times weekly at high intensity.
- **M2: Clear Skin Therapy (460 nm Blue + 850 nm Near-Infrared):** Formulated to clear blemish-causing bacteria, alleviate redness, and treat superficial skin inflammation. Recommended use: 5–10 minutes, 4 times weekly.
- **M3: Deep Rejuvenation (Red + Blue + NIR spectrum alignment):** Triple wave penetration engineered for maximal aesthetic repair, deep recovery, and anti-aging stimulation. Recommended use: 15 minutes, 3 times weekly.

1.2 Technical Parameters

Specification Variable	Measurement / Rating
Maximum Output Power	4.0 Watts (4 W)
Wavelengths Supported	630 nm + 850 nm + 460 nm
Internal Battery Capacity	1440 mAh (Approx. 40 minutes continuous output)
Charging Cycles	10,000 Cycles
Safety Certifications	CE Verified, FCC Compliant, RoHS Standards

1.3 Standard Setup, Power & Controller Protocols

1. Preparation Stage: Wash and dry your face thoroughly to remove cosmetics, oils, and chemical residue before applying the mask.
2. Powering On: Press and hold the centralized controller power button for 2 seconds. Cycle modes using the tactile M program key.
3. Charging Indicator: Red indicates system charging status. Green indicates battery reaches fully charged status.
4. Controller Batteries: Slide off the compartment cover on the back of the remote and install standard AAA cells matching polarity markers (+/-).

2 Safety Precautions & Exclusion of Medical Liability

2.1 Strict Contraindications

Misogi Health systems are not suitable for patients with active cardiac pacemakers, implantable cardioverter-defibrillators (ICDs), artificial hearts, or other critical life-sustaining medical implants. Do not place phototherapy elements directly over known malignant lesions or active open wounds.

2.2 Disclaimer of Liability

The therapeutic devices described in this manual are wellness products designed solely for general cellular recovery and skin/muscle toning. They do not possess medical registration, credentials, or clinical clearance to diagnose, treat, prevent, or cure any disease or pathological condition. The parent manufacturer and its distribution entities offer no warranties, express or implied, regarding physical healing, dermatological diseases, cognitive therapies, or clinical efficacy. Any medical application is conducted entirely at the user's discretion and must be strictly monitored by licensed healthcare practitioners.